

Relaxation • Shopping • Outdoors • Eating • Sightseeing

BED & BREAKFAST

Exclusive weekend breaks for members of the 'police family'



Take a break, relax and enjoy the excellent weekend destinations of St Andrews, Harrogate, and Castlebrae, Auchterarder.



The Police Treatment Centres

Harrogate St Andrews

*Harrogate.
The perfect
place to stay at
any time of
the year.*



RHS Garden Harlow Carr



Double room



Turkish Baths and Health Spa in Harrogate



Cycling in the Yorkshire Dales

If you are looking for a weekend break with delicious food and drink, fantastic shopping and great places to explore, then St Andrews, Harrogate, is the place for you.

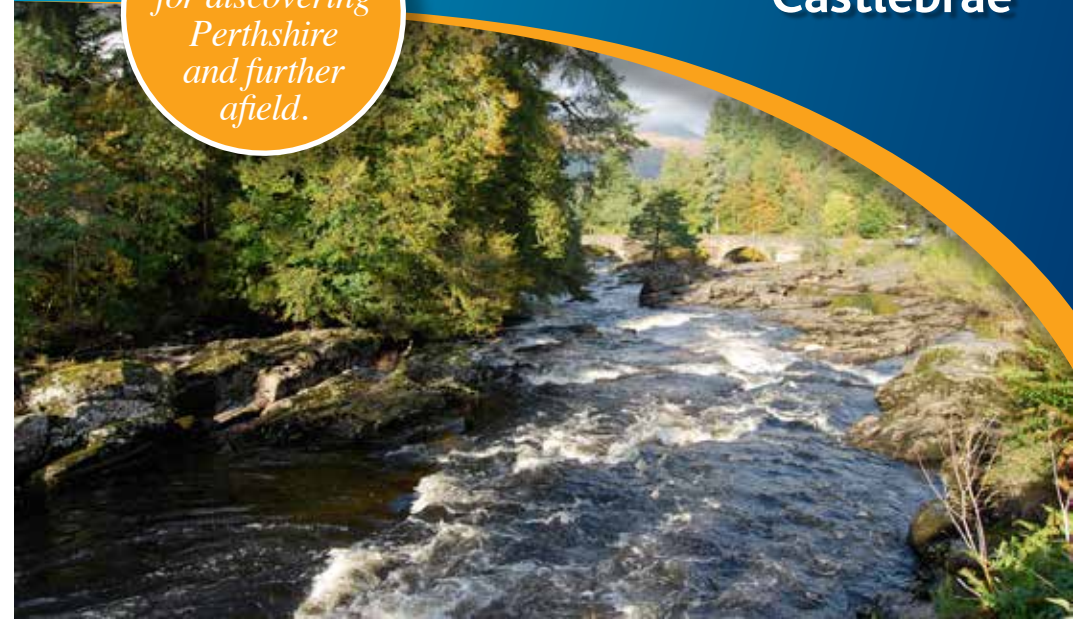
Enjoy lunch or afternoon tea at the world famous Betty's tea room, shop in the town's many boutiques or indulge in some relaxation at the Turkish Baths and Health Spa, all an easy walk away.

For those who enjoy some time outdoors there are plenty of parklands to explore. Valley Gardens, The Stray and RHS Garden Harlow Carr Gardens are all close by.

Slightly further afield you will find the Yorkshire Dales National Park with spectacular limestone valleys, picture postcard villages and historic castles. It's the perfect place for walking, cycling, or enjoying afternoon tea or a pub lunch.

The historic city of York is only 25 miles away and the bustling city of Leeds offers great shopping and is also an easy drive or train journey away.

*Castlebrae.
A great base
for discovering
Perthshire
and further
afield.*



Perthshire

Castlebrae is set in attractive, peaceful grounds amidst beautiful countryside but within a few minutes walk of Auchterarder town centre, with its coffee shops and small boutiques.

Auchterarder, known as "Lang Toon" because of its mile and half long high street, is nestled in the Perthshire countryside but within easy reach of the main Scottish tourism centres.

Perth, a pretty market town, is just 15 minutes away and the cosmopolitan cities of Edinburgh and Glasgow only an hour away.

Fans of the great outdoors will enjoy the majestic hills and mountains, many of which scale heights of over 3,000ft - the perfect location for 'Munro bagging'. Cyclists will also find a range of routes to suit all levels.

Perthshire is a paradise for the golfer with courses nearby to suit every level of player and the world famous Gleneagles just a few miles away.

Nearby you will also find stately homes, gardens, castles and whisky distilleries to explore.



Double room



Drummond Castle



Glenturret whisky distillery

Auchterarder Castlebrae

How to find us

St Andrews

Harlow Moor Rd, Harrogate, HG2 0AD



Castlebrae

Castleton Rd, Auchterarder, PH3 1AG



Booking information

Double, twin and single rooms at both centres.

Availability is limited so we recommend early booking to avoid disappointment.

For availability and rates

Call: 01423 504448

Email: enquiries@thepolicetreatmentcentres.org

Visit: www.thepolicetreatmentcentres.org

Terms and Conditions

Open to members of the 'police family'.

No access to rehabilitation facilities.



The Police Treatment Centres

St Andrews, Harlow Moor Rd, Harrogate, HG2 0AD

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